

ASSISTED LIVING

February 2026



31 Woodlee Road
Staunton, Virginia 24401
(540) 885-7016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>Pick up a Devotion at the Front Desk</i> 1 9:30am-Church Services 2pm-Dog Therapy 3pm-Snackin' Sunday Delivery to Your Door 6:30pm-After Hours Activity with the Concierge	9:30am-Calming Colors 10:15am-Sit & Be Fit 2 10:45am-Devotions 2pm-Bingo 3:30pm-Love Trivia 4pm-Hot Chocolate and Cookies! 6:30pm-Your Pick Flick	9:30am-Play Categories 10:15am-Sit & Be Fit 3 11am- The Resident Meeting 2pm-Bible Study 3pm-Community Crosswords 4:15pm-Documentary: "The Deepest Breath" 6:30pm-An Evening at the Movies: "Facing The Giants"	9am- Morning Manicures 10:15am-Sit & Be Fit 4 11am-Trivia 2pm-Let's Learn About: Women in Sports Day 2:45pm- Communion 3:15pm- A Scenic Ride 4pm-Play Hang Man!	9:30am-Play Upwards 5 10:15am-Sit & Be Fit 2pm- Music with Marc 3pm-A Hot Chocolate Social 4pm-Art Wide Open 6:30pm-An Activity with the Concierge	9:30am-Today in History 10:15am-Sit and Be Fit 6 10:45am-Arts and Crafts 1:30pm- A Trip to T.J. Maxx 3pm-Social Hour! 6:30pm-Friday Film: "Inside The Mind of A Dog"	9:30am-News Nook and a Bit of Coffee 7 10:15am-Sit & Be Fit 11:15am-Mail Delivery 2pm-Trivia Time 3pm-Spritzers 6:30pm-An Activity with the Concierge
<i>Pick up a Devotion at the Front Desk</i> 8 9:30am-Church Services 2pm-Dog Therapy 3pm-Snackin' Sunday Delivery to Your Door 6:30pm-After Hours Activity with the Concierge	9:30am-Calming Colors 9 10:15am-Sit & Be Fit 10:45am-Devotions 2pm-Bingo 3:15pm- Singing Along 4pm-Conversation Starters 6:30pm-Your Pick Flick	9:30am-Play Categories 10 10:15am-Sit & Be Fit 2pm-Bible Study 3pm-Community Crosswords 4:15pm-Documentary: "Birders" 6:30pm-An Evening at the Movies: "Daddy Daycare"	9am- Morning Manicures 10:15am-Sit & Be Fit 11 11am-Trivia 2pm- They Were Our Neighbors: Keeshan, Rogers, and Henson with Lisa 2:45pm- A Scenic Ride 4pm-Play Hang Man!	9:30am-Play Upwards 12 10:15am-Sit & Be Fit 2pm- Music with Fritz 3pm-A Hot Chocolate Social 4pm-Art Wide Open 6:30pm-An Activity with the Concierge	9am-11am: Local Errand Trips 13 9:30am-Today in History 10:15am-Sit and Be Fit 10:45am-Arts and Crafts 1:30pm- A Scenic Ride 3pm- A Valentine Social 6:30pm-Friday Film: "Rooster Cogburn"	9:30am-News Nook and a Bit of Coffee 14 10:15am-Sit & Be Fit 11:15am-Mail Delivery 2pm-Trivia Time 3pm-Spritzers 6:30pm-An Activity with the Concierge
<i>Pick up a Devotion at the Front Desk</i> 15 9:30am-Church Services 2pm-Dog Therapy 3pm-Snackin' Sunday Delivery to Your Door BIRTHDAY DINNER! 6:30pm-After Hours Activity with the Concierge	9:30am-Calming Colors 16 10:15am-Sit & Be Fit 10:45am-Devotions 1:30pm- Art Classes with Amie 3:30pm-Bingo 6:30pm-Your Pick Flick	9:30am-Play Categories 17 10:15am-Sit & Be Fit 2pm-Bible Study 3pm-Community Crosswords 4:15pm-Documentary: "Found" 6:30pm-An Evening at the Movies: "Mrs. Doubtfire"	9am- Morning Manicures 10:15am-Sit & Be Fit 18 11am-Trivia 2pm-Let's Learn About: Weird and Quirky Presidential Tales 2:45pm- A Scenic Ride 4pm-Play Hang Man!	9:30am-Play Upwards 19 10:15am-Sit & Be Fit 2pm- Music with the Barbara Martin Trio 3pm-A Hot Chocolate Social 4pm-Art Wide Open 6:30pm-An Activity with the Concierge	9am-11am: Local Errand Trips 20 9:30am-Today in History 10:15am-Sit and Be Fit 10:45am-Arts and Crafts 1:30pm- A Trip to Smiley's 3pm-Social Hour! 6:30pm-Friday Film: "All Saints"	9:30am-News Nook and a Bit of Coffee 21 10:15am-Sit & Be Fit 11:15am-Mail Delivery 2pm-Trivia Time 3pm-Spritzers 6:30pm-An Activity with the Concierge
<i>Pick up a Devotion at the Front Desk</i> 22 9:30am-Church Services 2pm-Dog Therapy 3pm-Snackin' Sunday Delivery to Your Door 6:30pm-After Hours Activity with the Concierge	9:30am-Calming Colors 23 10:15am-Sit & Be Fit 10:45am-Devotions 2pm-Bingo 3:30pm- In the Kitchen 4pm-A Tasting Social 6:30pm-Your Pick Flick	9:30am-Play Categories 24 10:15am-Sit & Be Fit 2pm-Bible Study 3pm-Community Crosswords 4:15pm-Documentary: "The Secret Lives of Orangutans" 6:30pm-An Evening at the Movies: "The Sleepover"	9am- Morning Manicures 10:15am-Sit & Be Fit 25 11am-Trivia 2pm- Great Lovers with Hannah 2:45pm- A Scenic Ride 4pm-Play Hang Man!	9:30am-Play Upwards 26 10:15am-Sit & Be Fit 2pm- Magic with Brian Bence 3pm-A Hot Chocolate Social 4pm-Art Wide Open 6:30pm-An Activity with the Concierge	9am-11am: Local Errand Trips 27 9:30am-Today in History 10:15am-Sit and Be Fit 10:45am-Arts and Crafts 1:30pm- A Scenic Ride 3pm-Social Hour! 6:30pm-Friday Film: "When The Game Stands Tall"	9:30am-News Nook and a Bit of Coffee 28 10:15am-Sit & Be Fit 11:15am-Mail Delivery 2pm-Trivia Time 3pm-Spritzers 6:30pm-An Activity with the Concierge