

ASSISTED LIVING

February 2026



31 Woodlee Road
Staunton, Virginia 24401
(540) 885-7016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>Pick up a Devotion at the Front Desk</i> 1 9:30am -Church Services 2pm -Dog Therapy 3pm -Snackin' Sunday Delivery to Your Door 6:30pm -After Hours Activity with the Concierge	9:30am -Calming Colors 10:15am -Sit & Be Fit 2 10:45am -Devotions 2pm -Bingo 3:30pm -Love Trivia 4pm -Hot Chocolate and Cookies! 6:30pm -Your Pick Flick	9:30am -Play Categories 10:15am -Sit & Be Fit 3 11am - The Resident Meeting 2pm -Bible Study 3pm -Community Crosswords 4:15pm -Documentary: "The Deepest Breath" 6:30pm -An Evening at the Movies: "Facing The Giants"	9am - Morning Manicures 10:15am -Sit & Be Fit 4 11am -Trivia 2pm - Let's Learn About: Women in Sports Day 2:45pm - Communion 3:15pm - A Scenic Ride 4pm -Play Hang Man!	9:30am -Play Upwards 5 10:15am -Sit & Be Fit 2pm - Music with Marc 3pm -A Hot Chocolate Social 4pm -Art Wide Open 6:30pm -An Activity with the Concierge	9:30am -Today in History 10:15am -Sit and Be Fit 6 10:45am -Arts and Crafts 1:30pm - A Trip to T.J. Maxx 3pm -Social Hour! 6:30pm -Friday Film: "Inside The Mind of A Dog"	9:30am -News Nook and a Bit of Coffee 7 10:15am -Sit & Be Fit 11:15am -Mail Delivery 2pm -Trivia Time 3pm -Spritzers 6:30pm -An Activity with the Concierge
<i>Pick up a Devotion at the Front Desk</i> 8 9:30am -Church Services 2pm -Dog Therapy 3pm -Snackin' Sunday Delivery to Your Door 6:30pm -After Hours Activity with the Concierge	9:30am -Calming Colors 9 10:15am -Sit & Be Fit 10:45am -Devotions 2pm -Bingo 3:15pm - Singing Along 4pm -Conversation Starters 6:30pm -Your Pick Flick	9:30am -Play Categories 10:15am -Sit & Be Fit 10 2pm -Bible Study 3pm -Community Crosswords 4:15pm -Documentary: "Birders" 6:30pm -An Evening at the Movies: "Daddy Daycare"	9am - Morning Manicures 10:15am -Sit & Be Fit 11 11am -Trivia 2pm - They Were Our Neighbors: Keeshan, Rogers, and Henson with Lisa 2:45pm - A Scenic Ride 4pm -Play Hang Man!	9:30am -Play Upwards 10:15am -Sit & Be Fit 12 2pm - Music with Fritz 3pm -A Hot Chocolate Social 4pm -Art Wide Open 6:30pm -An Activity with the Concierge	9am-11am : Local Errand Trips 13 9:30am -Today in History 10:15am -Sit and Be Fit 10:45am -Arts and Crafts 1:30pm - A Scenic Ride 3pm - A Valentine Social 6:30pm -Friday Film: "Rooster Cogburn"	9:30am -News Nook and a Bit of Coffee 14 10:15am -Sit & Be Fit 11:15am -Mail Delivery 2pm -Trivia Time 3pm -Spritzers 6:30pm -An Activity with the Concierge
<i>Pick up a Devotion at the Front Desk</i> 15 9:30am -Church Services 2pm -Dog Therapy 3pm -Snackin' Sunday Delivery to Your Door BIRTHDAY DINNER! 6:30pm -After Hours Activity with the Concierge	9:30am -Calming Colors 10:15am -Sit & Be 16 Fit 10:45am -Devotions 1:30pm - Art Classes with Amie 3:30pm -Bingo 6:30pm -Your Pick Flick	9:30am -Play Categories 10:15am -Sit & Be Fit 17 2pm -Bible Study 3pm -Community Crosswords 4:15pm -Documentary: "Found" 6:30pm -An Evening at the Movies: "Mrs. Doubtfire"	9am - Morning Manicures 10:15am -Sit & Be Fit 18 11am -Trivia 2pm - Let's Learn About: Weird and Quirky Presidential Tales 2:45pm - A Scenic Ride 4pm -Play Hang Man!	9:30am -Play Upwards 10:15am -Sit & Be Fit 19 2pm - Music with the Barbara Martin Trio 3pm -A Hot Chocolate Social 4pm -Art Wide Open 6:30pm -An Activity with the Concierge	9am-11am : Local Errand Trips 20 9:30am -Today in History 10:15am -Sit and Be Fit 10:45am -Arts and Crafts 1:30pm - A Trip to Smiley's 3pm -Social Hour! 6:30pm -Friday Film: "All Saints"	9:30am -News Nook and a Bit of Coffee 21 10:15am -Sit & Be Fit 11:15am -Mail Delivery 2pm -Trivia Time 3pm -Spritzers 6:30pm -An Activity with the Concierge
<i>Pick up a Devotion at the Front Desk</i> 22 9:30am -Church Services 2pm -Dog Therapy 3pm -Snackin' Sunday Delivery to Your Door 6:30pm -After Hours Activity with the Concierge	9:30am -Calming Colors 23 10:15am -Sit & Be Fit 10:45am -Devotions 2pm -Bingo 3:30pm - In the Kitchen 4pm -A Tasting Social 6:30pm -Your Pick Flick	9:30am -Play Categories 10:15am -Sit & Be Fit 24 2pm -Bible Study 3pm -Community Crosswords 4:15pm -Documentary: "The Secret Lives of Orangutans" 6:30pm -An Evening at the Movies: "The Sleepover"	9am - Morning Manicures 25 10:15am -Sit & Be Fit 11am -Trivia 2pm - Great Lovers with Hannah 2:45pm - A Scenic Ride 4pm -Play Hang Man!	9:30am -Play Upwards 10:15am -Sit & Be Fit 26 2pm - Magic with Brian Bence 3pm -A Hot Chocolate Social 4pm -Art Wide Open 6:30pm -An Activity with the Concierge	9am-11am : Local Errand Trips 27 9:30am -Today in History 10:15am -Sit and Be Fit 10:45am -Arts and Crafts 1:30pm - A Scenic Ride 3pm -Social Hour! 6:30pm -Friday Film: "When The Game Stands Tall"	9:30am -News Nook and a Bit of Coffee 28 10:15am -Sit & Be Fit 11:15am -Mail Delivery 2pm -Trivia Time 3pm -Spritzers 6:30pm -An Activity with the Concierge