

The Village

January 2026



Aviva Baldwin Park
31 Woodlee Road
Staunton, Virginia 24401
(540) 885-7016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
The calendar is subject to change. <i>When JVP is unable to join us & play his guitar we will have "My Choice."</i>	Tuesday Alternate Schedule 9:15am-Table Top Games 10:15am-Full Motion Exercise & Today in History 2pm-Hot Chocolate & Hot Hits 3pm-Community Crosswords	Happy Birthday Gale Dickerson on January 11 Gail Wolcott on January 20 Jeanette Tucker on January 23	9:15am-"I Spy" 10:15am-Seated Aerobics & Today in History 2pm-Music with TJ Crow 3:30pm-Winter Skin Care 5:30pm-Onscreen Animals 6:30pm-Balloon Volleyball	9:15am-Strange News 10:15am-Ball Exercise 1pm-JVP Plays Guitar 1:30pm-Ice Cream Social 2pm-Crosswords & Today in History 3pm-Believe It Or Not 5:30pm-An Educational Film 6:30pm-Gentle Stretch	2	9:15am-Today in History 10:15am-Exercise on the First Floor 12:45pm-Mocktails with Activities 1pm-Creative Coloring 2pm-Resident Choice 5:30pm-A Night at the Movies 6:30pm-Exercise to the Oldies
9:30am-Worship, First Floor 12:30pm-Rest and Relax 1pm-Games with Activities 2pm-Dog Therapy 5:30pm-A Nature Movie 6:30pm-Kickball!	4 9:15am-Seasonal Colors 10:15am-Body Stretching Exercise & Today in History 1:45pm-Manicures 2:45pm-Word Games 5:30am-Enjoy a musical! 6:30pm-Balloon Volleyball	5 9:15am-Full Motion Exercise & Today in History 10am-A Slide Show with John 2pm-Hot Cookies & Hot Hits 3pm-Community Crosswords on the First Floor 5:30pm-An Educational Film 6:30pm-Gentle Stretch	6 9:15am-Arm Chair Travel 10:15am-Wednesday Weights & Today in History 1pm-Scenic Ride 2:15pm-Trivia 5:30pm-Movie Classics 6:30pm-Kickball!	7 9:15am-"I Spy" 10:15am-Seated Aerobics & Today in History 2pm-Music with Hunter O'Neill 3:30pm-Winter Skin Care 5:30pm-Onscreen Animals 6:30pm-Balloon Volleyball	8 9:15am-Strange News 10:15am-Ball Exercise 1pm-JVP Plays Guitar 1:30pm-Ice Cream Social 2pm-Crosswords & Today in History 3pm-Believe It Or Not 5:30pm-An Educational Film 6:30pm-Gentle Stretch	9 9:15am-Today in History 10:15am-Exercise on the First Floor 12:45pm-Mocktails with Activities 1pm-Creative Coloring 2pm-Resident Choice 5:30pm-A Night at the Movies 6:30pm-Exercise to the Oldies
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