

# ASSISTED LIVING

## January 2026



31 Woodlee Road  
Staunton, Virginia 24401  
(540) 885-7016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
The calendar is subject to change.		<b>HAPPY BIRTHDAY!</b> Tony Commiso on January 3 Richard Hudson on January 11 Martha Ware on January 16 Wayne Wampler on January 30		9:30am-Play Upwards 10:15am-Sit & Be Fit 1 <b>2pm-Music with TJ Crow</b> 3pm-A Hot Chocolate Social 4pm-Art Wide Open 6:30pm-An Activity with the Concierge	9am-11am: Local Errand Trips 9:30am-Today in History 10:15am-Sit and Be Fit 10:45am-Arts and Crafts <b>1:30pm-A Scenic Ride</b> 3pm-Social Hour! 6:30pm-Friday Film: "Titanic," (PG-13)	2	9:30am-News Nook and a Bit of Coffee 3 10:15am-Sit & Be Fit 11:15am-Mail Delivery 2pm-Trivia Time 3pm-Spritzers 6:30pm-An Activity with the Concierge
Pick up a Devotion at the Front Desk 4 9:30am-Church Services 2pm-Dog Therapy 3pm-Snackin' Sunday Delivery to Your Door 6:30pm-After Hours Activity with the Concierge	9:30am-Calming Colors 10:15am-Sit & Be Fit 10:45am-Devotions 2pm-Bingo <b>3:30pm-In the Kitchen</b> 4pm-A Tasting Social 6:30pm-Your Pick Flick	5	9:30am-Play Categories 10:15am-Sit & Be Fit <b>11am-The Resident Meeting</b> 2pm-Bible Study 3pm-Community Crosswords 4:15pm-Documentary: "Masaka Kids-A Rhythm Within," (G) 6:30pm-An Evening at the Movies: "Memoirs of a Geisha," (PG-13)	6	<b>9am-Morning Manicures</b> 10:15am-Sit & Be Fit 7 11am-Trivia <b>2pm-Paradoxical Pairs: Manet and Monet</b> <b>2:45pm-Communion</b> <b>3:15pm-A Scenic Ride</b> 4pm-Play Hang Man!		9:30am-News Nook And A Bit of Coffee 10 10:15am-Sit & Be Fit 11:15am-Mail Delivery 2pm-Trivia Time 3pm-Spritzers 6:30pm-An Activity with the Concierge
Pick up a Devotion at the Front Desk 11 9:30am-Church Services 2pm-Dog Therapy 3pm-Snackin' Sunday Delivery to Your Door 6:30pm-After Hours Activity with the Concierge	9:30am-Calming Colors 10:15am-Sit & Be Fit 10:45am-Devotions 2pm-Bingo <b>3:30pm-In the Kitchen</b> 4pm-A Tasting Social 6:30pm-Your Pick Flick	12	9:30am-Play Categories 10:15am-Sit & Be Fit 2pm-Bible Study 3pm-Community Crosswords 4:15pm-Documentary: "Wild Babies," (PG) 6:30pm-An Evening at the Movies: "Titanic," (PG-13)	13	<b>9am-Morning Manicures</b> 10:15am-Sit & Be Fit 14 11am-Trivia <b>2pm-Paradoxical Pairs: Eric Liddell and Desmond Doss</b> <b>2:45pm-A Scenic Ride</b> 4pm-Play Hang Man!		9:30am-News Nook And A Bit of Coffee 17 10:15am-Sit & Be Fit 11:15am-Mail Delivery 2pm-Trivia Time 3pm-Spritzers 6:30pm-An Activity with the Concierge
Pick up a Devotion at the Front Desk 18 9:30am-Church Services 2pm-Dog Therapy 3pm-Snackin' Sunday Delivery to Your Door 6:30pm-After Hours Activity with the Concierge	9:30am-Calming Colors 10:15am-Sit & Be Fit 19 10:45am-Devotions <b>1:30pm-Bayada Presents: Mental Health</b> 2:30pm-Bingo <b>3:45pm-In The Kitchen</b> 6:30pm-Your Pick Flick	19	9:30am-Play Categories 10:15am-Sit & Be Fit 2pm-Bible Study 3pm-Community Crosswords 4:15pm-Documentary: "Our Great National Parks," (PG) 6:30pm-An Evening at the Movies: "A League of Their Own," (G)	20	<b>9am-Morning Manicures</b> 10:15am-Sit & Be Fit 21 11am-Trivia <b>2pm-Paradoxical Pairs: Mozart and Virginia Woolf</b> <b>2:45pm-A Scenic Ride</b> 4pm-Play Hang Man!		9:30am-News Nook And A Bit of Coffee 24 10:15am-Sit & Be Fit 11:15am-Mail Delivery 2pm-Trivia Time 3pm-Spritzers 6:30pm-An Activity with the Concierge
Pick up a Devotion at the Front Desk 25 9:30am-Church Services 2pm-Dog Therapy 3pm-Snackin' Sunday Delivery to Your Door 6:30pm-After Hours Activity with the Concierge	9:30am-Calming Colors 10:15am-Sit & Be Fit 26 10:45am-Devotions 2pm-Bingo <b>3:30pm-In the Kitchen</b> 4pm-A Tasting Social 6:30pm-Your Pick Flick	26	9:30am-Play Categories 10:15am-Sit & Be Fit 2pm-Bible Study 3pm-Community Crosswords 4:15pm-Documentary: "Life in Color," (PG) 6:30pm-An Evening at the Movies: "Peter Rabbit," (G)	27	<b>9am-Morning Manicures</b> 10:15am-Sit & Be Fit 28 11am-Trivia <b>2pm-Let's Learn About: Penguins and Polar Bears</b> <b>2:45pm-A Scenic Ride</b> 4pm-Play Hang Man!		9:30am-News Nook And A Bit of Coffee 31 10:15am-Sit & Be Fit 11:15am-Mail Delivery 2pm-Trivia Time 3pm-Spritzers 6:30pm-An Activity with the Concierge