

INDEPENDENT LIVING

November 2025



21 Woodlee Road
Staunton, Virginia 24401
(540) 885-1122

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Location Key

OL - Overlook
Lib - Library
DR - Dining Room
LR - Living Room
FR - Fitness Room
CR - Card Room

Movie Ratings

(PG, PG-13, R)

have been added to the movies so you are more aware of content.
We are also happy to look the movie up for you at the front desk
should you need more information.

Devotions, Front Desk 10:15am-Fellowship Hymns, OL 2 10:30am-All Saint's Day Worship, OL 1:30pm-Mah Jongg, Library 2pm-A Scenic Ride with Clyde 7pm-Singspiration Hymn Sing, OL 8pm-Watch "Sweet Home Alabama," Living Room (PG-13)	Devotions, Front Desk 10:15am-Fellowship Hymns, OL 9 10:30am-Church Services, OL 1:30pm-Mah Jongg, Library 2pm-Word Games, Overlook 7pm-Singspiration Hymn Sing, OL 8pm-Watch "Sister Act," Living Room (PG)	Devotions, Front Desk 10:15am-Fellowship Hymns, OL 16 10:30am-Church Services, OL 1:30pm-Mah Jongg, Library 2pm-Word Games, Overlook 7pm-Singspiration Hymn Sing, OL 8pm-Watch "About My Father," LR (PG-13)	Devotions, Front Desk 10:15am-Fellowship Hymns, OL 23 10:30am-Church Services, OL 1:30pm-Mah Jongg, Library 2pm-Word Games, Overlook 7pm-Singspiration Hymn Sing, OL 8pm-Watch "Military Wives," Living Room (PG-13)	Devotions, Front Desk 10:15am-Fellowship Hymns, OL 30 10:30am-Church Services, OL 1:30pm-Mah Jongg, Library 2pm-Word Games, Overlook 7pm-Singspiration Hymn Sing, OL 8pm-Watch "The Longest Yard," Living Room (PG-13)	9am-Exercise, Overlook 10:30am-The Knitting Nook, OL 3 1:30pm-Bridge in the Cafe 1:30pm-Group Crosswords, OL 2pm-A Trip to Kroger 3:30pm-Ukulele Lessons with Mixon, Lib 7pm-Watch "Geronimo: An American Legend," Living Room (PG-13)	9am-Exercise, Overlook 10:30am-The Knitting Nook, OL 10 1:30pm-Bridge in the Cafe 1:30pm-Group Crosswords, OL 2pm-A Trip to Kroger 3:30pm-Lisa Presents: <i>The Legacy of John Chapman</i> , OL 3:30pm-Ukulele Lessons with Mixon, Lib 7pm-Watch "The Stories Life of A.J. Fikry," Living Room (PG-13)	9am-Exercise, Overlook 10:30am-The Knitting Nook, OL 17 1:30pm-Bridge in the Cafe 1:30pm-Group Crosswords, OL 2pm-A Trip to Kroger 3pm-Bayada Presents: <i>Flu Education</i> , OL 3:30pm-Ukulele Lessons with Mixon, Lib 7pm-A New Resident Social, OL 7pm-Watch "Caramelo," Living Room (PG-13)	9am-Exercise, Overlook 10:30am-The Knitting Nook, OL 24 1:30pm-Bridge in the Cafe 1:30pm-Group Crosswords, OL 2pm-A Trip to Kroger 3:30pm-Lisa Presents <i>Mary Cassatt</i> , OL 3:30pm-Ukulele Lessons with Mixon, Lib 7pm-Watch "Greater," Living Room (G)	10am-Exercise, Overlook 10am-Integrated Faith Bible Study & Discussion, Lib 1pm-3pm: Open Gym, Fitness Room 2pm-Communion with Covenant Presbyterian Church, Overlook 2pm-The Amazing Grays, OL 7pm-Watch "Our Little Secret," Living Room (PG-13)	10am-Exercise, Overlook 10am-Integrated Faith Bible Study & Discussion, Lib 1pm-3pm: Open Gym, FR 1:30pm-A Prayer Meeting with Bonita, OL 3pm-The Amazing Grays, OL 7pm-Watch "The Most Beautiful Girl In The World," Living Room (PG-13)	10am-Exercise, Overlook 10am-Integrated Faith Bible Study & Discussion, Lib 1pm-3pm: Open Gym, Fitness Room 2pm-Episcopal Eucharist Worship Service, Overlook 3pm-The Amazing Grays, OL 7pm-Watch "Lucca's World," Living Room (PG-13)	10am-Exercise, Overlook 10am-Integrated Faith Bible Study & Discussion, Lib 1pm-3pm: Open Gym, FR 1:30pm-Food Forum, Overlook 3pm-The Amazing Grays, OL 7pm-Watch "Famous Last Words: Dr. Jane Goodall," Living Room (PG-13)	9am-Chair Yoga, Overlook 10:30am-Office Hours with Bayada, Lobby 6 1:15pm-Trivia, OL 2:45pm-Manicures and Mimosas, OL 2:30pm-A Trip Walmart & Martin's 7pm-Music with Marc, OL	9am-Chair Yoga, OL 10:30am-Office Hours with Bayada, Lobby 20 1:15pm-Trivia, OL 2:45pm-Manicures and Mimosas, OL 2:30pm-A Guided Tour through Thornrose on the bus 7pm-Music with James Curry, OL	9am-Macy's Thanksgiving Day Parade, Living Room (NBC) Dog Show Following, the parade, LR (NBC) The Thanksgiving Buffet 1:30pm-Games Galore, OL 3pm-Enjoy Pumpkin Juice, LR 7pm-Watch "Confessions of A Shopaholic," LR (PG)	9am-11am: Local Errand Trips 9am-Exercise, Overlook 10:30-Every Age Holy: <i>Finding Our Story in Scriptures with Rachel</i> , Lib 1:30pm-Euchre, Cardroom 2pm-Social Hour and Sing Along, OL 3pm-Cornhole in the Overlook 7pm-Bingo in the Overlook	9am-11am: Local Errand Trips 9am-Exercise, Overlook 10:30-Every Age Holy: <i>Finding Our Story in Scriptures with Rachel</i> , Lib 1:30pm-Euchre, Cardroom 2pm-Social Hour and Sing Along, OL 3pm-Cornhole in the Overlook 7pm-Bingo in the Overlook	9am-11am: Local Errand Trips 9am-Exercise, Overlook 10:30-Every Age Holy: <i>Finding Our Story in Scriptures with Rachel</i> , Lib 1:30pm-Euchre, Cardroom 2pm-Social Hour and Sing Along, OL 3pm-Cornhole in the Overlook 7pm-Bingo in the Overlook	Grab a Crossword, Front Desk 2pm-Hot Chocolate, LR 1 2pm-Bridge Anyone? Cafe 3pm-Watch "Quiet Victory," Living Room (PG) 7pm-Caravanserai Music in the Overlook	Grab a Crossword, Front Desk 2pm-Hot Chocolate, LR 8 2pm-Bridge Anyone? Cafe 3pm-Watch "Our Oceans," Living Room (PG) 7pm-Watch "What Happens Later," Living Room (R)	Grab a Crossword, Front Desk 2pm-Hot Chocolate, LR 15 2pm-Bridge Anyone? Cafe 3pm-Watch "Tricky Dick And The Man In Black," Living Room (PG-13) Birthday Dinner! 7pm-Watch "Caramelo," Living Room (PG-13)	Grab a Crossword, Front Desk 2pm-Hot Chocolate, LR 22 2pm-Bridge Anyone? Cafe 3pm-Watch "Love, Divided," Living Room (PG-13) 7pm-Watch "Einstein And The Bomb," Living Room (PG-13)	Grab a Crossword, Front Desk 2pm-Hot Chocolate, LR 29 2pm-Bridge Anyone? Cafe 3pm-Watch "In Her Place," Living Room (PG-13) 7pm-Watch "Gold," Living Room (R)
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The activity schedule is subject to change.