

Independent Living

June 2025



21 Woodlee Road
Staunton, Virginia 24401
(540) 885-1122

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Devotions, Front Desk 1 10:15am-Fellowship Hymns, OL 10:30am-Church Services, OL 2pm-Word Games, Overlook 7pm-Watch "Nonnas," Living Room (PG)	9am-Exercise, Overlook 10am-Bible Study with Michael, Lib 10:30am-A Summer Stroll 1:30pm-Bridge in the Cafe 1:30pm-Group Crosswords, Overlook 2pm-A Trip to Kroger 3:30pm-Ukulele Lessons with Mixon, Library 3:30pm-Pets of the Presidents: A Presentation with the Woodrow Wilson Presidential Library 7pm-Watch "Crazy Stupid Love," Living Room (PG-13)	10am-Exercise, OL 11am-Starting Conversation 3 with Table Talk, Back Patio 1:30pm-An Activities Meeting for April: ALL are invited, LR 3pm-Bingo in the Overlook 4pm-Social Hour, Living Room	10am-Exercise, Overlook 10am-Women's Bible Study, Lib 11am-A Summer Stroll 2pm-Communion with Covenant Presbyterian Church, Overlook 3pm-Sing, Sing, Sing with The Amazing Grays 7pm-Watch "The Neon Highway," Living Room (PG-13)	9am-Chair Yoga, Overlook 10:30am-Knitting Nook with Lynn in the Overlook 1:30pm-Trivia in the Overlook 2:45pm-Manicures and Mimosas in the Overlook 2:45pm-A Trip to Walmart and Martin's 7pm-Music with Marc, Overlook	9am-11am: Local Errand Trips 9am-Exercise, Overlook 6 10:45am-Springtime Stroll 1:30pm-Euchre, Cardroom 2pm-Social Hour and Sing Along, Overlook 3pm-Cornhole in the Overlook 7pm-Bingo in the Overlook	Grab a Crossword, Front Desk 7 1pm to 4pm-Mah Jongg, Lib 2pm-Lemonade, Living Room 2pm-Bridge Anyone? Cafe 3pm-Watch "The Walk," Living Room (PG) 7pm-Watch "The Dad Quest," Living Room (PG-13)
Devotions, Front Desk 8 10:15am-Fellowship Hymns, OL 10:30am-Church Services, OL 2pm-A Scenic Ride with Clyde 7pm-Watch "Life or Something Like it," Living Room (PG-13)	9am-Exercise, Overlook 10am-Bible Study with Michael, Lib 10:30am-A Summer Stroll 1:30pm-Bridge in the Cafe 1:30pm-Group Crosswords, Overlook 2pm-A Trip to Kroger 3:30pm-Ukulele Lessons with Mixon, Lib 3:30pm-Lisa Presents: Oceans and Seashells, Overlook 7pm-Watch "Midway," Living Room (PG)	10am-Exercise, OL 11am-Starting Conversation 10 with Table Talk, Back Patio 1:30pm-Bob Presents "Pharaohs, Pyramids, and Palm Trees: Egypt from the Sinai to Abu Simbel" 3pm-Bingo in the Overlook 4pm-Social Hour, Living Room	10am-Exercise, Overlook 10am-Women's Bible Study, Library 11am-A Prayer Meeting with Bonita, Overlook 11am-A Summer Stroll 2:30pm-A Kitchen Tour: Spots are limited 3pm-Sing, Sing, Sing with The Amazing Grays 7pm-Watch "Our Little Secret," Living Room (PG-13)	9am-Exercise, Overlook 10:30am-Knitting Nook with Lynn, Overlook 10:30am-Board of Directors Meeting, Lib 1pm-Trivia in the Overlook 2pm-A Trip to Waynesboro Town Center for Shopping 2:45pm-Manicures & Mimosas, OL 7pm-Harp Music with Vicky Lee, OL	9am-11am: Local Errand Trips 9am-Exercise, Overlook 13 10:45am-Springtime Stroll 1:30pm-Euchre, Cardroom 2pm-Social Hour and Sing Along, Overlook 3pm-Cornhole in the Overlook 7pm-Bingo in the Overlook	Grab a Crossword, Front Desk 14 1pm to 4pm-Mah Jongg, Lib 2pm-Lemonade, Living Room 2pm-Bridge Anyone? Cafe 3pm-Watch "Quiet Victory," Living Room (PG) 7pm-Watch "Britain and The Blitz," Living Room (PG-13)
Devotions, Front Desk 15 10:15am-Fellowship Hymns in the Overlook 10:30am-Church Services, OL 2pm-Word Games, Overlook 7pm-Watch "The Forge," Living Room (PG) Birthday Dinner! Happy Father's Day!	9am-Exercise, Overlook 10am-Bible Study with Michael, Lib 10:30am-A Summer Stroll 1:30pm-Bridge in the Cafe 1:30pm-Group Crosswords, Overlook 2pm-A Trip to Kroger 3:30pm-Ukulele Lessons with Mixon, Lib 3:30pm-Lisa Presents: Honey Bees, OL 7pm-Watch "The Beautiful Game," Living Room (PG-13)	10am-Exercise Class, OL 11am-Starting Conversation 17 with Table Talk, Back Patio 1:30pm-Music with Aspen Black, OL 2pm-The Alzheimer's Support Group, Assisted Living, First Floor 3pm-Bingo in the Overlook 4pm-Social Hour, Living Room	10am-Exercise (OL) 10am-Women's Bible Study, Lib 11am-A Summer Stroll 2pm-Episcopal Eucharist Worship Service, OL 3pm-Sing, Sing, Sing with the Amazing Grays, Overlook 7pm-Watch "I Still Believe," Living Room (PG)	9am-Chair Yoga, Overlook 10:30am-Knitting Nook with Lynn in the Overlook 1:30pm-Trivia in the Overlook 2:45pm-A Bus Tour of Historic Staunton with Marney Gibbs 2:45pm-Manicures and Mimosas 7pm-Music with Jim Harrington, TJ Crow, and Richard Adams, OL	9am-11am: Local Errand Trips 9am-Exercise, Overlook 20 10:45am-Springtime Stroll 1:30pm-Euchre, Cardroom 2pm-Social Hour and Sing Along, Overlook 3pm-Cornhole in the Overlook 7pm-Bingo in the Overlook	Grab a Crossword, Front Desk 21 1pm to 4pm-Mah Jongg, Lib 2pm-Lemonade, Living Room 2pm-Bridge Anyone? Cafe 3pm-Watch "Cats," Living Room (PG) 7pm-Watch "Ocean's Eleven," Living Room (PG-13)
Devotions, Front Desk 22 10:15am-Fellowship Hymns, OL 10:30am-Church Services, OL 2pm-Word Games, Overlook 7pm-Watch "Garbo: Where Did You Go?" Living Room (PG)	9am-Exercise, Overlook 10am-Bible Study with Michael, Lib 10:30am-A Summer Stroll 1:30pm-Bridge in the Cafe 1:30pm-Group Crosswords, Overlook 2pm-A Trip to Kroger 3pm-A Presentation with Bayada, OL 3:30pm-Ukulele Lessons with Mixon, Lib 7pm-Music with the Collective Believers in the Overlook	10am-Exercise Class, OL 11am-Starting Conversation 24 with Table Talk, Back Patio 1:30pm-Art Class with Amie, OL 3pm-Bingo in the Overlook 4pm-Social Hour, Living Room	10am-Exercise, Overlook 10am-Women's Bible Study, Lib 11am-A Summer Stroll 1:30pm-Resident Dining Forum in the Overlook 3pm-Sing, Sing, Sing with the Amazing Grays, Overlook 7pm-Watch "The Monuments Men," Living Room (PG-13)	9am-Exercise, Overlook 10:30am-Knitting Nook with Lynn in the Overlook 1:30pm-Trivia in the Overlook 2:45pm-Visiting with Sally Shomo's Donkeys 2:45pm-Manicures and Mimosas, OL 7pm-The Highlander String Band in the Overlook	9am-11am: Local Errand Trips 9am-Exercise, Overlook 27 10:45am-Springtime Stroll 1:30pm-Euchre, Cardroom 2pm-Social Hour and Sing Along, Overlook 3pm-Cornhole in the Overlook 7pm-Bingo in the Overlook	Grab a Crossword, Front Desk 28 1pm to 4pm-Mah Jongg, Lib 2pm-Lemonade, Living Room 2pm-Bridge Anyone? Cafe 3:30pm-Join Heifetz in the Overlook for music! 7pm-Watch "Ocean's Twelve," Living Room (PG-13)
Devotions, Front Desk 29 10:15am-Fellowship Hymns, OL 10:30am-Church Services, OL 2pm-Word Games, Overlook 7pm-Watch "Oceans Thirteen," Living Room (PG-13)	9am-Exercise, Overlook 10am-Bible Study with Michael, Library 10:30am-A Summer Stroll 1:30pm-Bridge in the Cafe 1:30pm-Group Crosswords, Overlook 2pm-A Trip to Kroger 3:30pm-Lisa Presents: Rainforests, OL 7pm-Watch "The Quilters," Living Room (TV-14)	Movie Ratings (PG, PG-13, etc.) have been added to the movies so you are more aware of content. We are also happy to look the movie up for you at the front desk should you need more information.				Location Key OL - Overlook Lib - Library DR - Dining Room LR - Living Room FR - Fitness Room CR - Card Room