

The Village

May 2025



Aviva Baldwin Park

31 Woodlee Road
Staunton, Virginia 24401
(540) 885-7016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Happy Birthday! Shirley Werner on May 19				9am-Coffee & Snacks 9:30am-Seated 1 Aerobics & Today in History 2pm-Music with Marc 3pm-Visits with Activities 5:30pm-Reminisce with RAs 7pm-Relax with A Snack	9am-Coffee & Snacks 9:30am-Wellness Workout 2 & Today in History 1pm-JVP Plays Guitar 1:30pm-Ice Cream Social 2pm-Crosswords 5:30pm-Current Events 7pm-Relax with A Snack	9am-Coffee & Snacks 10:15am-Exercise on the 3 First Floor 12:45pm-Mocktails with Activities 1pm-Chit Chat with the RAs 2pm-Resident Choice 3pm-Enjoy a Movie 5:30pm-Sip and Tell All 6:30pm-A Kentucky Derby Viewing!
9am-Coffee and Snacks 9:30am-Worship, First Floor 4 11am-Dance to the Dining Room 12:30pm-Rest and Relax 1pm-Games with Activities 2pm-Dog Therapy 3pm-Your Choice Movie 5:30pm-Today in History 7pm-Relax with A Snack	9am-Coffee & Snacks 9:30am-Chair Stretch & 5 Today in History 2pm-Snack & Conversation 3pm-Word Games 5:30pm-Current Events 7pm-Relax with A Snack	9am-Coffee & Snacks 9:30am-Get Physical & 6 Today in History 1pm-Walk and Talk 2pm-Baking Cookies 3pm-Sing Along 5:30pm-Nature Program 7pm-Relax with A Snack	9am-Coffee & Snacks 9:30am-Wednesday 7 Weights & Today in History 1pm-Scenic Ride 2pm-Snack and Chat 2:30pm-Trivia 5:30pm-Classic Movie Night 7pm-Relax with A Snack	9am-Coffee & Snacks 9:30am-Seated 8 Aerobics & Today in History 2pm-Music with Cynthia & George 3pm-Visits with Activities 5:30pm-Reminisce with RAs 7pm-Relax with A Snack	9am-Coffee & Snacks 9:30am-Wellness 9 Workout & Today in History 1pm-JVP Plays Guitar 1:30pm-Ice Cream Social 2pm-Crosswords 5:30pm-Current Events 7pm-Relax with A Snack	9am-Coffee & Snacks 10:15am-Exercise on the 10 First Floor 12:45pm-Mocktails with Activities 1pm-Chit Chat with the RAs 2pm-Resident Choice 3pm-Enjoy a Movie 5:30pm-Sip and Tell All 7pm-Relax with A Snack
9am-Coffee and Snacks 9:30am-Worship, First Floor 11 11am-Dance to the Dining Room 12:30pm-Rest and Relax 1pm-Games with Activities 2pm-Dog Therapy 3pm-Your Choice Movie 5:30pm-Today in History 7pm-Relax with A Snack Happy Mother's Day!	9am-Coffee & Snacks 9:30am-Chair Stretch & 12 Today in History 2pm-Snack & Conversation 3pm-Word Games 5:30pm-Current Events 7pm-Relax with A Snack	9am-Coffee & Snacks 9:30am-Get Physical 13 and Today in History 1pm-Walk and Talk 2pm-Baking Cookies 3pm-Sing Along 5:30pm-Nature Program 7pm-Relax with A Snack	9am-Coffee & Snacks 9:30am-Wednesday 14 Weights & Today in History 1pm-Scenic Ride 2pm-Snack and Chat 2:30pm-Trivia 5:30pm-Classic Movie Night 7pm-Relax with A Snack	9am-Coffee & Snacks 9:30am-Seated 15 Aerobics & Today in History 2pm-Music with Fritz 3pm-Group Crosswords with Assisted Living 4:30pm-Birthday Dinner 5:30pm-Reminisce with RAs 7pm-Relax with A Snack	9am-Coffee & Snacks 9:30am-Wellness 16 Workout & Today in History 1pm-JVP Plays Guitar 1:30pm-Ice Cream Social 2pm-Crosswords 5:30pm-Current Events 7pm-Relax with A Snack	9am-Coffee & Snacks 10:15am-Exercise on the 17 First Floor 12:45pm-Mocktails with Activities 1pm-Chit Chat with the RAs 2pm-Resident Choice 3pm-Enjoy a Movie 5:30pm-Sip and Tell All 7pm-Relax with A Snack
9am-Coffee and Snacks 9:30am-Worship, First Floor 18 11am-Dance to the Dining Room 12:30pm-Rest and Relax 1pm-Games with Activities 2pm-Dog Therapy 3pm-Your Choice Movie 5:30pm-Today in History 7pm-Relax with A Snack	9am-Coffee & Snacks 9:30am-Chair Stretch & 19 Today in History 2pm-Snack & Conversation 3pm-Music with the Amazing Grays 5:30pm-Current Events 7pm-Relax with A Snack	9am-Coffee & Snacks 9:30am-Get Physical & 20 Today in History 1pm-Walk and Talk 2pm-Baking Cookies 3pm-Sing Along 5:30pm-Nature Program 7pm-Relax with A Snack	9am-Coffee & Snacks 9:30am-Wednesday 21 Weights & Today in History 1pm-Scenic Ride 2pm-Snack and Chat 2:30pm-Trivia 5:30pm-Classic Movie Night 7pm-Relax with A Snack	9am-Coffee & Snacks 9:30am-Seated 22 Aerobics & Today in History 2pm-Music with John Lockridge 3pm-Visits with Activities 5:30pm-Reminisce with RAs 7pm-Relax with A Snack	9am-Coffee & Snacks 9:30am-Wellness Workout 23 & Today in History 1pm-JVP Plays Guitar 1:30pm-Ice Cream Social 2pm-Crosswords 5:30pm-Current Events 7pm-Relax with A Snack	9am-Coffee & Snacks 10:15am-Exercise on the 24 First Floor 12:45pm-Mocktails! 1pm-Chit Chat with the RAs 2pm-Resident Choice 3pm-Enjoy a Movie 5:30pm-Sip and Tell All 7pm-Relax with A Snack
9am-Coffee and Snacks 9:30am-Worship, First Floor 25 11am-Dance to the Dining Room 12:30pm-Rest and Relax 1pm-Games with Activities 2pm-Dog Therapy 3pm-Your Choice Movie 5:30pm-Today in History 7pm-Relax with A Snack	9am-Coffee & Snacks 9:30am-Chair Stretch & 26 Today in History 2pm-Snack & Conversation 3pm-Word Games 5:30pm-Current Events 7pm-Relax with A Snack	9am-Coffee & Snacks 9:30am-Get Physical & 27 Today in History 1pm-Walk and Talk 2pm-Baking Cookies 3pm-Sing Along 5:30pm-Nature Program 7pm-Relax with A Snack	9am-Coffee & Snacks 9:30am-Wednesday 28 Weights & Today in History 2pm-Snack and Chat 2:30pm-Trivia 3pm-Music with John Lockridge 5:30pm-Classic Movie Night 7pm-Relax with A Snack	9am-Coffee & Snacks 9:30am-Seated 29 Aerobics & Today in History 2pm-Music with Jim, TJ & Richard 3pm-Visits with Activities 5:30pm-Reminisce with RAs 7pm-Relax with A Snack	9am-Coffee & Snacks 10:15am-Sit & Be Fit on 30 the First Floor 1pm-JVP Plays Guitar 1:30pm-Ice Cream Social 2pm-Afternoon Matinee 5:30pm-Current Events 7pm-Relax with A Snack	9am-Coffee & Snacks 10:15am-Exercise on the 31 First Floor 12:45pm-Mocktails! 1pm-Chit Chat with the RAs 2pm-Resident Choice 3pm-Enjoy a Movie 5:30pm-Sip and Tell All 7pm-Relax with A Snack