

The Village

January 2025



Aviva Baldwin Park

**31 Woodlee Road
Staunton, Virginia 24401
(540) 885-7016**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Happy Birthday! Gale Dickerson on January 11 Jennie Tucker on January 23 Pat Johnson on January 24						
9am-Coffee and Snacks 9:30am-Worship, First Floor 5 11am-Dance to the Dining Room 12:30pm-Rest and Relax 1pm-Games with Activities 2pm-Dog Therapy 3pm-Your Choice Movie 5:30pm-Today in History 7pm-Relax with A Snack	9am-Coffee & Snacks 6 9:30am-Chair Stretch & Today in History 2pm-Snack & Conversation 3pm-Word Games 5:30pm-Current Events 7pm-Relax with A Snack	9am-Coffee & Snacks 7 9:30am-Get Physical and Today in History 2pm-Baking Cookies 3pm-Sing Along 5:30pm-Nature Program 7pm-Relax with A Snack	9am-Coffee & Snacks 8 9:30am-Wednesday Weights & Today in History 1pm-Scenic Ride 2pm-Snack and Chat 2:30pm-Trivia 5:30pm-Classic Movie Night 7pm-Relax with A Snack	9am-Coffee & Snacks 9:30am-Seated Aerobics 9 and Today in History 2pm-Music with the Gee Mackey Duo 3pm-Visits with Activities 5:30pm-Reminisce with RAs 7pm-Relax with A Snack	9am-Coffee & Snacks 9:30am-Wellness Workout 10 & Today in History 1pm-JVP Plays Guitar 1:30pm-Ice Cream Social 2pm-Crosswords 5:30pm-Current Events 7pm-Relax with A Snack	9am-Coffee & Snacks 10:15am-Exercise on the 11 First Floor 12:45pm-Mocktails with Activities 1pm-Chit Chat with the RAs 2pm-Resident Choice 3pm-Enjoy a Movie 5:30pm-Sip and Tell All 7pm-Relax with A Snack
9am-Coffee and Snacks 9:30am-Worship, First Floor 12 11am-Dance to the Dining Room 12:30pm-Rest and Relax 1pm-Games with Activities 2pm-Dog Therapy 3pm-Your Choice Movie 5:30pm-Today in History 7pm-Relax with A Snack	9am-Coffee & Snacks 13 9:30am-Chair Stretch & Today in History 2pm-Snack & Conversation 3pm-Word Games 5:30pm-Current Events 7pm-Relax with A Snack	9am-Coffee & Snacks 14 9:30am-Get Physical and Today in History 2pm-Baking Cookies 3pm-Sing Along 5:30pm-Nature Program 7pm-Relax with A Snack	9am-Coffee & Snacks 15 9:30am-Wednesday Weights & Today in History 1pm-Scenic Ride 2pm-Snack and Chat 2:30pm-Trivia 5:30pm-Classic Movie Night 7pm-Relax with A Snack	9am-Coffee & Snacks 9:30am-Seated Aerobic 16 and Today in History 2pm-Music with the Gee Mackey Duo 3pm-Visits with Activities 5:30pm-Reminisce with RAs 7pm-Relax with A Snack	9am-Coffee & Snacks 9:30am-Wellness Workout 17 & Today in History 1pm-JVP Plays Guitar 1:30pm-Ice Cream Social 2pm-Crosswords 5:30pm-Current Events 7pm-Relax with A Snack	9am-Coffee & Snacks 10:15am-Exercise on the 18 First Floor 12:45pm-Mocktails with Activities 1pm-Chit Chat with the RAs 2pm-Resident Choice 3pm-Enjoy a Movie 5:30pm-Sip and Tell All 7pm-Relax with A Snack
9am-Coffee and Snacks 9:30am-Worship, First Floor 19 11am-Dance to the Dining Room 12:30pm-Rest and Relax 1pm-Games with Activities 2pm-Dog Therapy 3pm-Your Choice Movie 5:30pm-Today in History 7pm-Relax with A Snack	9am-Coffee & Snacks 20 9:30am-Chair Stretch & Today in History 2pm-Snack & Conversation 3pm-Word Games 5:30pm-Current Events 7pm-Relax with A Snack	9am-Coffee & Snacks 21 9:30am-Get Physical and Today in History 2pm-Baking Cookies 3pm-Sing Along 5:30pm-Nature Program 7pm-Relax with A Snack	9am-Coffee & Snacks 22 9:30am-Wednesday Weights & Today in History 1pm-Scenic Ride 2pm-Snack and Chat 2:30pm-Trivia 5:30pm-Classic Movie Night 7pm-Relax with A Snack	9am-Coffee & Snacks 9:30am-Seated Aerobic 23 and Today in History 2pm-Music with the Highlander String Band 3pm-Visits with Activities 5:30pm-Reminisce with RAs 7pm-Relax with A Snack	9am-Coffee & Snacks 9:30am-Wellness Workout 24 & Today in History 1pm-JVP Plays Guitar 1:30pm-Ice Cream Social 2pm-Crosswords 5:30pm-Current Events 7pm-Relax with A Snack	9am-Coffee & Snacks 10:15am-Exercise on the 25 First Floor 12:45pm-Mocktails with Activities 1pm-Chit Chat with the RAs 2pm-Resident Choice 3pm-Enjoy a Movie 5:30pm-Sip and Tell All 7pm-Relax with A Snack
9am-Coffee and Snacks 9:30am-Worship, First Floor 26 11am-Dance to the Dining Room 12:30pm-Rest and Relax 1pm-Games with Activities 2pm-Dog Therapy 3pm-Your Choice Movie 5:30pm-Today in History 7pm-Relax with A Snack	9am-Coffee & Snacks 27 9:30am-Chair Stretch & Today in History 2pm-Snack & Conversation 3pm-Word Games 5:30pm-Current Events 7pm-Relax with A Snack	9am-Coffee & Snacks 28 9:30am-Get Physical and Today in History 2pm-Baking Cookies 3pm-Sing Along 5:30pm-Nature Program 7pm-Relax with A Snack	9am-Coffee & Snacks 29 9:30am-Wednesday Weights & Today in History 1pm-Scenic Ride 2pm-Snack and Chat 2:30pm-Trivia 5:30pm-Classic Movie Night 7pm-Relax with A Snack	9am-Coffee & Snacks 9:30am-Seated 30 Aerobics & Today in History 2pm-Visits with Activities 3pm-Music with Kimball 5pm-Reminisce with RAs 7pm-Relax with A Snack	9am-Coffee & Snacks 9:30am-Wellness Workout 31 & Today in History 1pm-JVP Plays Guitar 1:30pm-Ice Cream Social 2pm-Crosswords 5:30pm-Current Events 7pm-Relax with A Snack	