

# The Village

## October 2024



**Aviva Baldwin Park**  
**31 Woodlee Road**  
**Staunton, Virginia 24401**  
**(540) 885-7016**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> 9:00 am-Coffee & Snacks 9:30am- Get Physical and Today in History 2:00pm-Cherry's Random Pick 3:00pm-Sing Along 5:30pm-Nature Program 7:00pm-Relax with A Snack	<b>2</b> 9:00 am -Coffee & Snacks 9:30 am -Wed. Weights & Today in History 1:00pm-Scenic Ride 2:00pm-Snack 2:30pm-Trivia 5:30pm-Classic Movie Night 7:00pm-Relax with A Snack	<b>3</b> 9:00 am-Coffee & Snacks 9:30 am-Seated Aerobics & Today in History 2:00pm-Music with Marc 3:00pm-LEC Visits 5:30 pm-Reminisce with RAs 7:00 pm -Relax with A Snack	<b>4</b> 9:00 am-Coffee & Snacks 9:30 am-Wellness Workout & Today in History 1:00pm - JVP Plays Guitar 1:30pm - Ice Cream Social 2:00 pm -Crosswords 5:30 pm - Current Events 7:00 pm - Relax with A Snack	<b>5</b> 9:30 am-Coffee & Snacks 10:15 am Exercise in AL 12:45 pm-Mocktails with LEC 1:00pm-Walk with RAs 2:00pm-Trivia with AL 3:00 pm-Mani and Pedi with RAs 5:30pm-Sip and Tell All 7:00pm - Relax with A Snack
<b>6</b> 9:00am-Coffee and Snacks 9:30 am-Worship 11:00 am-Dance to the Dining Room 12:30pm-Rest and Relax 1:00pm-Games with the LEC 3:00pm-Dog Therapy 5:30pm-Today in History 7:00pm-Relax with A Snack	<b>7</b> 9:00 am-Coffee & Snacks 9:30 am-Chair Stretch & Today in History 2:00pm-Snack & Conversation 3:00 pm - Word Games 5:30 pm - Current Events 7:00 pm - Relax with A Snack	<b>8</b> 9:00 am-Coffee & Snacks 9:30am- Get Physical and Today in History 2:00pm-Cherry's Random Pick 3:00pm-Sing Along 5:30pm-Nature Program 7:00pm-Relax with A Snack	<b>9</b> 9:00 am -Coffee & Snacks 9:30 am -Wed. Weights & Today in History 1:00pm-Scenic Ride 2:00pm-Snack 2:30pm-Trivia 5:30pm-Classic Movie Night 7:00pm-Relax with A Snack	<b>10</b> 9:00 am -Coffee & Snacks 9:30 am-Seated Aerobics & Today in History 2:00pm-Music with Kimball 3:00 m- LEC Visits 5:30 pm-Reminisce with RAs 7:00 pm - Relax with A Snack	<b>11</b> 9:00 am-Coffee & Snacks 9:30am-Wellness Workout & Today in History 1:00pm- JVP Plays Guitar 1:30pm- Ice Cream Social 2:00pm - Crosswords 5:30 pm - Current Events 7:00 pm - Relax with A Snack	<b>12</b> 9:30 am -Coffee & Snacks 10:15am-Exercise in AL 12:45 pm - Mocktails with LEC 1:00pm-Walk with RAs 2:00pm-Trivia with AL 3:00 pm-Mani and Pedi with RAs 5:30pm-Sip and Tell All 7:00pm - Relax with A Snack
<b>13</b> 9:00am-Coffee and Snacks 9:30 am-Worship 11:00 am-Dance to the Dining Room 12:30pm-Rest and Relax 1:00pm-Games with the LEC 3:00pm-Dog Therapy 5:30pm-Today in History 7:00pm-Relax with A Snack	<b>14</b> 9:00am-Coffee & Snacks 9:30 am -Chair Stretch & Today in History 2:00 pm - Snack & Conversation 2:30 pm - Word Games 5:30 pm - Current Events 7:00 pm - Relax with A Snack	<b>15</b> 9:00 am-Coffee & Snacks 9:30am- Get Physical and Today in History 2:00pm-Cherry's Random Pick 3:00pm-Sing Along 5:30pm-Nature Programs 7:00pm-Relax with A Snack	<b>16</b> 9:00 am -Coffee & Snacks 9:30 am -Wed. Weights & Today in History 1:00pm-Scenic Ride 2:00pm-Snack 2:30pm-Trivia 5:30pm-Classic Movie Night 7:00pm-Relax with A Snack	<b>17</b> 9:00 am-Coffee & Snacks 9:30 am-Seated Aerobics & Today in History 2:00pm-Music with The Amazing Grays 3:00pm-LEC Visits 5:30 pm-Reminisce with RAs 7:00 pm - Relax with A Snack	<b>18</b> 9:00 am-Coffee & Snacks 9:30 am-Wellness Workout & Today in History 1:00pm-JVP Plays Guitar 1:30pm-Ice Cream Social 2:00 pm - Crosswords 5:30 pm - Current Events 7:00 pm - Relax with A Snack	<b>19</b> 9:30 am -Coffee & Snacks 10:15am-Exercise in AL 12:45pm-Mocktails with LEC 1:00pm-Walk with RAs 2:00pm-Trivia with AL 3:00 pm-Mani and Pedi with RAs 5:30pm-Sip and Tell All 7:00pm - Relax with A Snack
<b>20</b> 9:00am-Coffee and Snacks 9:30 am-Worship 11:00 am-Dance to the Dining Room 12:30pm-Rest and Relax 1:00pm-Games with the LEC 3:00pm-Dog Therapy 5:30pm-Today in History 7:00pm-Relax with A Snack	<b>21</b> 9:00 am -Coffee & Snacks 9:30 am -Chair Stretch & Today in History 2:00pm - Snack & Conversation 2:30 pm - Word Games 5:30 pm - Current Events 7:00 pm - Relax with A Snack	<b>22</b> 9:00 am-Coffee & Snacks 9:30am- Get Physical and Today in History 2:00pm-Snack 3:00pm- Sing Along 5:30pm-Nature Programs 7:00pm-Relax with A Snack	<b>23</b> 9:00 am -Coffee & Snacks 9:30 am -Wed. Weights & Today in History 1:00pm-Scenic Ride 2:00pm-Snack 2:30pm-Trivia 5:30pm-Classic Movie Night 7:00pm-Relax with A Snack	<b>24</b> 9:00 am -Coffee & Snacks 9:30 am-Seated Aerobics & Today in History 2:00pm-Music with Grateful Journey 3:00pm-LEC Visits 5:30 pm-Reminisce with RAs 7:00 pm - Relax with A Snack	<b>25</b> 9:00 am-Coffee & Snacks 9:30 am-Wellness Workout & Today in History 1:00pm-JVP Plays Guitar 1:30pm - Ice Cream Social <b>2:00 pm - Halloween Social</b> 5:30 pm - Current Events 7:00 pm - Relax with A Snack	<b>26</b> 9:30 am -Coffee & Snacks 10:15am-Exercise in AL 12:45 pm - Mocktails with LEC 1:00pm-Walk with RAs 2:00pm-Trivia with AL 3:00 pm-Mani and Pedi with RAs 5:30pm-Sip and Tell All 7:00pm - Relax with A Snack
<b>27</b> 9:00am-Coffee and Snacks 9:30 am-Worship 11:00 am-Dance to the Dining Room 12:30pm-Rest and Relax 1:00pm-Games with the LEC 3:00pm-Dog Therapy 5:30pm-Today in History 7:00pm-Relax with A Snack	<b>28</b> 9:00 am-Coffee & Snacks 9:30 am -Chair Stretch & Today in History 2:00pm - Snack & Conversation 2:30 pm - Word Games 5:30 pm - Current Events 7:00 pm - Relax with A Snack	<b>29</b> 9:00 am-Coffee & Snacks 9:30am- Get Physical and Today in History 2:00pm-Snack 3:00pm- Sing Along 5:30pm-Nature Programs 7:00pm-Relax with A Snack	<b>30</b> 9:00 am -Coffee & Snacks 9:30 am -Wed. Weights & Today in History 1:00pm-Scenic Ride 2:00pm-Snack 2:30pm-Trivia 5:30pm-Classic Movie Night 7:00pm-Relax with A Snack	<b>31</b> 9:00 am -Coffee & Snacks 9:30 am-Seated Aerobics & Today in History 2:00pm-Music with Fritz 3:00pm-LEC Visits 5:30 pm-Reminisce with RAs 7:00 pm - Relax with A Snack		