

Assisted Living

September 2024



31 Woodlee Road
 Staunton, Virginia 24401
 (540) 885-7016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30 am - Worship 10:30 am - Pick up a devotion at the desk 2:00 pm - Dog Therapy 3:00 pm - Snacks	2 9:30 am - Stopping By 10:15 am - Sit & Be Fit 10:45 am - Devotions 2:00 pm - Bingo 3:00 pm - Celebrate Ice Cream Cone Day 6:30 pm - "Inside the Mind of A Dog" (n)	3 9:30 am - Morning Howdy 10:15 am - Sit & Be Fit 10:45 am - Trivia 11:30am-Resident Meeting 2:00 pm - Bible Study 3:00 pm - Word Games 6:30 pm - Beverages	4 9:30 am - Special Deliveries 10:15 am - Sit & Be Fit 11:00 am - Manicures 2:00 pm - Let's Learn About: Mushrooms 2:45 pm - Communion 3:15 pm - Scenic Ride 6:30 pm - "The Neon Highway"(n)	5 9:30 am - Buenos Dias 10:15 am - Sit & Be Fit 10:45 am - Trivia 2:00 pm - Music with Marc 3:00 pm - Lemonade	6 9:30 am - Special Delivery 10:15 am - Sit & Be Fit 10:45 am - Art Wide Open 1:30 pm - Scenic Ride 3:00 pm - Happy Hour 6:30 pm - "Find Me Falling" (n)	7 10:15 am - Sit & Be Fit 11:15 am - Mail Delivery 2:00 pm - Trivia Time 3:00 pm - Spritzer Saturday
8 9:30 am - Worship 10:30 am - Pick up a devotion at the desk 2:00 pm - Dog Therapy 3:00 pm - Snacks	9 9:30 am - Stopping By 10:15 am - Sit & Be Fit 10:45 am - Devotions 2:00 pm - Music with Kimball 3:00 pm - Bingo 6:30 pm - "Queen Bees" (n)	10 9:30 am - Morning Howdy 10:15 am - Sit & Be Fit 10:45 am - Manicures with Mary 2:00 pm - Bible Study 3:00 pm - Noodleball! 6:30 pm - Beverages	11 9:30 am - Special Deliveries 10:15 am - Sit & Be Fit 11:00 am - Trivia 2:00 pm - Let's Learn About: Chickens 2:45 pm - Trip to Trinity Church 6:30 pm - "First Man" (n)	12 9:30 am - Buenos Dias 10:15 am - Sit & Be Fit 10:45 am - Walk & Roll 2:00 pm - Music with Fritz 3:00 pm - Lemonade on the Patio	13 9:30 am - Special Delivery 10:15 am - Sit & Be Fit 10:45 am - Special Art with Christine 1:30 pm - Scenic Ride 3:00 pm - Happy Hour 6:30 pm - "Family Switch" (n)	14 10:15 am - Sit & Be Fit 11:15 am - Mail Delivery 2:00 pm - Trivia Time 3:00 pm - Spritzer Saturday
15 9:30 am - Worship 10:30 am - Pick up a devotion at the desk 2:00 pm - Dog Therapy 5:00 pm - Birthday Dinner 3:00 pm - Snacks	16 9:30 am - Stopping By 10:15 am - Sit & Be Fit 10:45 am - Devotions 2:00 pm - Bingo 3:00 pm - Celebrate Rice Krispy Treat Day 6:30 pm - "Tyson's Run" (n)	17 9:30 am - Morning Howdy 10:15 am - Sit & Be Fit 10:45 am - Manicures with Mary 2:00 pm - Bible Study 3:00 pm - Word Games 6:30 pm - Beverages	18 9:30 am - Special Deliveries 10:15 am - Sit & Be Fit 10:45 am - Trivia 2 pm - Let's Learn About: Red Pandas & Elephants 3:00pm - Scenic Ride 6:30 pm - "Victoria and Abdul" (n)	19 9:30 am - Buenos Dias 10:15 am - Sit & Be Fit 10:45 am - Walk & Roll 2:00 pm - Music with The Crowbobs 3:00 pm - Lemonade on the Patio	20 9:30 am - Special Delivery 10:15 am - Sit & Be Fit 10:45 am - Art Wide Open 1:30 pm - Scenic Ride 3:00 pm - Happy Hour 6:30pm - "Faraway" (n)	21 10:15 am - Sit & Be Fit 11:15 am - Mail Delivery 2:00 pm - Trivia Time 3:00 pm - Spritzer Saturday
22 9:30 am - Worship 10:30 am - Pick up a devotion at the desk 2:00 pm - Dog Therapy 3:00 pm - Snacks	23 9:30 am - Stopping By 10:15 am - Sit & Be Fit 10:45 am - Devotions 2:00 pm - Bingo 3:00pm - Apples and Dip 6:30pm - "The Peanut Butter Falcon" (n)	24 9:30 am - Morning Howdy 10:15 am - Sit & Be Fit 10:45 am - Manicures with Mary 2:00 pm - Bible Study 3:00 pm - Word Games 6:30 pm - Beverages on the Patio	25 9:30 am - Special Deliveries 10:15 am - Sit & Be Fit 10:45 am - Trivia 2:00 pm - Let's Learn About: Rainforests 3:00pm - Scenic Ride 6:30 pm - "Where the Tracks End" (n)	26 9:30 am - Buenos Dias 10:15 am - Sit & Be Fit 10:45 am - Walk & Roll 2:00 pm - Music with Justina 3:00 pm - Lemonade	27 9:30 am - Special Delivery 10:15 am - Sit & Be Fit 10:45am - Art Wide Open 1:30 pm - Scenic Ride 3:00 pm - Happy Hour 6:30 pm - "The Hill" (n)	28 10:15 am - Sit and Be Fit 1:15 am - Mail Delivery 2:00 pm - Trivia Time 3:00 pm - Spritzer Saturday
29 9:30 am - Worship 10:30 am - Pick up a devotion at the desk 2:00 pm - Dog Therapy 3:00 pm - Snacks	30 9:30 am - Stopping By 10:15 am - Sit & Be Fit 10:45 am - Devotions 2:00 pm - Bingo 3:00pm - Ants on A Log 6:30pm - "All Together Now" (n)	Happy Birthday! September 25 - Judy Race September 29 - Bill Tyler		Celebrate Assisted Living Week September 8 - 14		